

## **Actors on Acting**

"If you really do want to be an actor who can satisfy himself and his audience, you need to be vulnerable. [You must] reach the emotional and intellectual level of ability where you can go out stark naked, emotionally, in front of an audience." - Jack Lemon

"For me acting is doing." --Pierce Brosnan

"Acting is a way of making yourself exist." --Stephen Rea

"I like to say that I didn't choose acting-acting chose me." --Ving Rhames

"What's interesting about the process of acting is how often you don't know what you're doing." --Alan Rickman

"An actor is totally vulnerable. His total personality is exposed to critical judgment - his intellect, his bearing, his diction, his whole appearance. In short, his ego." - Alec Guinness

"Acting is a question of absorbing other people's personalities and adding some of your own experience." - Paul Newman

"If there were a little more silence, if we all kept quiet...maybe we could understand something." - Federico Fellini

"When you stand on the stage you must have a sense that you are addressing the whole world, and that what you say is so important the whole world must listen." - Stella Adler

"Acting is not being emotional, but being able to fully express emotion." - Kate Reid

"Feelings are like a timid animal -- if you approach them, they'll run away. Let them come to you." - Michael Howard

"Acting is a spiritual quest to touch human beings." - Larry Moss

"When [actors] are talking, they are servants of the dramatist. It is what they can show the audience when they are not talking that reveals the very fine actor." - Cedric Hardwicke

Acting is doing, because everything you say or do is some kind of an action, some kind of a verb. You're always connected to the other person through some kind of action.

--Mira Sorvino

Acting is not about being someone different. It's finding the similarity in what is apparently different, then finding myself in there.--Meryl Streep

"If you get an impulse in a scene, no matter how wrong it seems, follow the impulse.  
-- Jack Nicholson

"Acting for me has always been and always will be a team sport. I cannot work at all unless I feel a spirit of unity around me." — Alan Arkin

"I've often been accused by the critics of being myself on screen. But being oneself is more difficult than you'd suppose." -- Cary Grant

"An ounce of behavior is worth a pound of words." - Sanford Meisner

"For most actors, success is achieved through study, struggle, preparation, infinite trial and error, training, discipline, experience and work!" - Robert Cohen